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Resiliency Digest

June 2022

*News & tips for being ready
before, during, and after emergencies.*

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Remembering Hurricane Agnes – 50 Years Later

Fifty years ago this month, Hurricane Agnes made landfall affecting communities on the U.S. East Coast from the Caribbean to Canada. One hundred and twenty-eight (128) people died from Hurricane Agnes. At the time it was the costliest hurricane to hit the U.S. with an estimated 2.1 billion dollars (1972 dollars) in damages.

[Read More](#)



National Lightning Safety Awareness Week June 19 - 25, 2022

Lightning may be nature's spectacular fireworks, but it's also an extremely dangerous weather phenomena. Lightning kills or injures hundreds of people every year in the United States, but understanding how to protect yourself when thunderstorms threaten can significantly reduce your risks of a lightning injury. Here are tips from the [National Weather Service](#) to keep in mind:

Lightning: What You Need to Know

- NO PLACE outside is safe when thunderstorms are in the area!!

- If you hear thunder, lightning is close enough to strike you.
- When you hear thunder, immediately move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.
- Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.

Indoor Lightning Safety

- Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.
- Avoid plumbing, including sinks, baths and faucets.
- Stay away from windows and doors, and stay off porches.
- Do not lie on concrete floors, and do not lean against concrete walls.

Last Resort Outdoor Risk Reduction Tips

If you are caught outside with no safe shelter anywhere nearby the following actions may reduce your risk:

- Immediately get off elevated areas such as hills, mountain ridges or peaks
- Never lie flat on the ground
- Never shelter under an isolated tree
- Never use a cliff or rocky overhang for shelter
- Immediately get out and away from ponds, lakes and other bodies of water
- Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

[More Lightning Safety.](#)



The Deadly Dozen

The twelve activities that contributed most to U.S. lightning fatalities between 2006 and 2021.

<u>Activity</u>	<u># of Deaths (%)</u>
Fishing	40 (9%)
Beach	28 (6%)
Camping	22 (5%)
Farming or Ranching	21 (5%)
Riding Bicycle, Motorcycle, or ATV	19 (4%)
Boating	19 (4%)
Social gathering	17 (4%)
Roofing	17 (4%)
Headed to/from or waiting for vehicle	15 (3%)
Yardwork	15 (3%)
Construction	15 (3%)
Tie: Soccer - Golf	Each 13 (6%)
Total	254 (57%)

Compiled by John Jensenius
National Lightning Safety Council

The 1-2-3 of Pet Preparedness



Don't forget to plan for your pets when working on your disaster preparedness! It just takes three simple tasks to keep your best friends safe and happy!

1. Make a plan.
2. Build an emergency kit.
3. Stay informed.

[Learn More](#)

Heat Safety for Kids & Pets



Summer soccer leagues, pick-up games, T-ball... heat safety on the field (and in the bleachers) is everyone's responsibility! Children, especially young children, are not able to regulate their body temperature in the same way as adults. Here are some [***tips from the CDC***](#) for keeping kids safe during the summer months:

- Never leave infants or children in a parked car, even if the windows are open.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Make sure they're drinking plenty of fluids. Stay away from really cold drinks or drinks with too much sugar.
- Schedule outdoor activities for cooler parts of the day like morning and evening hours.

Get the kids involved in weather-related safety with the fun and educational activities available from the National Weather Service!

[NWS Weather Science Activities](#)

Pets, just like humans, are susceptible to heat illness - so here's a reminder of heat safety for animals.

Heart Pet Safety

Never leave your pets in a parked car!

Safety Tips For Your Pets

weather.gov/heat

- Watch the humidity**
- Limit exercise on hot days**
- Provide ample shade and water**
- Don't rely on a fan**
- Watch out for hot pavement**

[More Pet Heat Safety.](#)

For additional resources to help protect yourself, loved ones, and property, visit the [National Weather Service](#), [Ready.gov](#), [U.S. Fire Administration](#), and the [National Safety Council](#).

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