



Proudly providing resilience education and training in the Shenandoah Valley since 2000.

Resiliency Digest

April 2022

*News & tips for being ready
before, during, and after emergencies.*

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“The shortest period of time lies between the minute you put some money away for a rainy day and the unexpected arrival of rain.” - Jane Bryant Quinn

April is National Financial Capability Month

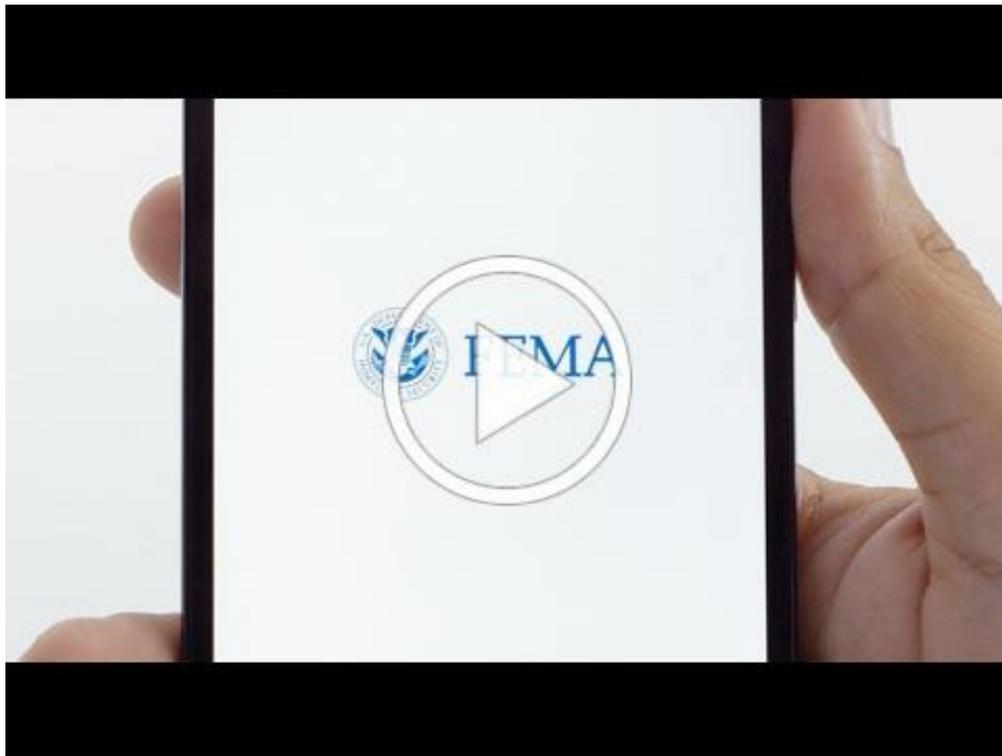


April is designated as National Financial Capability Month, and it's a great time to not only make sure you're saving for a rainy day, but to also increase your financial knowledge and competence. Regardless of your income level, the challenges of rebuilding after a disaster or other emergency are very real, and during stressful times, having access to personal financial, insurance, medical, and other records is crucial for starting the recovery process quickly and efficiently.

Ooops, don't have all your ducks in a row when it comes to your important documents? Get peace of mind by completing the free Emergency Financial First Aid Kit (EFFAK): <https://go.usa.gov/xHC2m> Available in multiple languages!



Stay in the Know - FEMA Alert Options



Get the FEMA App

- Receive fast and reliable weather alerts from the National Weather Service for up to five different locations nationwide.
- Learn how to prepare for emergencies and useful tips to keep you and your loved ones safe before, during and after disasters.
- Locate open shelters and disaster resource centers near you.
- Submit photos of damage in your area.
- Prepare your emergency kit, make a family plan, and set reminders.

[Get it on Google Play.](#) You can also download the app via text messaging on an Android device:
Text ANDROID to 43362 (4FEMA)

[Download on the Apple App Store.](#) You can also download the app via text messaging on an Apple Device:
Text APPLE to 43362 (4FEMA)

Sign Up for Alerts Via Text Messaging

Before a Disaster

FEMA text messages are sent from the dedicated number: 43362

- To get a list of all keywords you can subscribe to: text LIST to 43362

- To unsubscribe (at any time): text STOP to 43362
- To sign up to get preparedness tips: text PREPARE to 43362.
- Social Media: follow local government on social media to stay up-to-date with official information before, during and after a disaster. Sign up for Twitter alerts from trusted government agencies to get notified when critical information goes out.

After a Disaster

- To search for open shelters (for disaster survivors): text SHELTER and a ZIP code to 43362.
- To search for Disaster Recovery Center locations near you, text DRC and your ZIP code to 43362 (e.g. DRC 12345). You may also use the [DRC Locator](#) at any time to search for a location near you.



If you use text messaging, standard message and data rates apply.

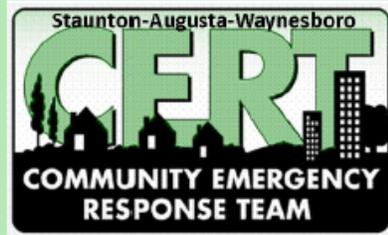
Community Resiliency Achievements & Announcements

Spring CERT Training Dates Set

In person CERT training returns in April, but course size is limited, so don't delay!

To register contact: Rebecca Joyce, S-A-W CERT Coordinator Phone: 540-885-5174 ext.112 E-mail: rebecca@espcdc.org

Community Emergency Response Training (CERT) Spring 2022



ARE YOU PREPARED?

CERT training helps you prepare yourself, your family, and neighbors for severe weather, emergencies, and disasters. This training is being offered by the Cities of Staunton and Waynesboro, and Augusta County, in partnership with the Central Shenandoah Planning District Commission (CSPDC). The CERT training curriculum is designed by the Federal Emergency Management Agency (FEMA).

You will learn about different topics each night, including:

- Disaster Preparedness and Mitigation
- Fire Safety
- Emergency First Aid
- Terrorism Awareness
- Disaster Psychology
- Pandemic Preparedness and Response
- Search and Rescue

Dates/Time:

April 7th - May 14th
Thursdays
6:30 p.m. - 9:00 p.m.

Location:

CSPDC Office
112 MacTanly Place
Staunton, VA 24401

The Course Is Free But You
Must Register To Attend

To Register Contact:

Rebecca Joyce, S-A-W CERT Coordinator
Phone: 540-885-5174 ext.112 E-mail: rebecca@cspdc.org



COVID-19 Safety Information

- Course participants will be required to wear masks during class and socially distance.
- Course size will be limited to 10 participants. Register early to reserve your spot!

For additional resources to help protect yourself, loved ones, and property, visit the [National Weather Service](#), [Ready.gov](#), [U.S. Fire Administration](#), and the [National Safety Council](#).

[540.885. 5174] [rebecca@cspdc.org] [www.cspdc.org]

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Sent by rebecca@cspdc.org